



# BalanceZyme Plus

BalanceZyme Plus aids in the proper digestion of fats, lowers cholesterol and triglyceride levels, reduces appetite, and controls constipation.

**FORMULATED FOR PEOPLE SERIOUS ABOUT A WEIGHT-BALANCING PROGRAM!**

SUPPLEMENT FACTS		
Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Chromium (from) Chromium Picolinate and Chromium Polynicotinate	100mcg	80%
Enzyme proprietary blend	115 mg	
Protease	30,000 HUT	*
Lipase	600 LU	*
Amylase	3,000 DU	*
Cellulase	200 CU	*
Garcinia Cambogia Extract	250 mg	*
Plantain Leaf	75 mg	*
Bladderwrack Algae	75 mg	*
Nettles Herb	75 mg	*
Prickly Ash Bark	75 mg	*
Fenugreek Seed	50 mg	*
*Daily Value not established		

Other ingredients: gelatin, water.  
Enzyme activity is measured in Food Chemical Codex (FCC) units.  
Store tightly in a cool, dry place. Keep out of reach of children

90 capsules per bottle. No fillers.

**Recommended Usage:** Take 1-2 capsules with each meal or, for added appetite control, take 1/2 hour prior to meals. If appetite loss is not apparent after being on the product for at least 48 hours, then dosage may be increased to 3 capsules with meals. Other factors that can effect dosage are the size of the person and the amount of fat that needs to be lost.

**Indications (uses):**

- Weight management
- Lowering cholesterol
- Easing constipation
- Appetite control
- Lowering triglycerides

BalanceZyme Plus was formulated to assist the person who is seriously interested in a weight management program. Coupled with the proper Transformation diet program for your body type, BalanceZyme Plus will assist in weight balancing for most people. This formulation is a completely natural source of support for the endocrine and digestive system. Ingredients are balanced with enzymes for their effective delivery and utilization.

**Component Benefits:**

The amount of **lipase** enzyme in this formula is one of the highest that is used in enzyme therapy. Lipase has the ability to assist the body by breaking down fat, controlling cholesterol, and balancing fatty acids. **Protease** assists protein digestion and, when combined with lipase, creates support for the liver and the pancreas. The high dosage of protease will also

fortify the blood and serve as a natural diuretic. **Amylase** assists in the digestion of starches and carbohydrates and, when combined with the other enzymes, supports the organs. Amylase even serves as a glucose balancer. **Cellulase** assists the Plantain herb with cholesterol control, constipation relief, and appetite suppression. This formulation provides the correct amounts of enzymes to do all the work above and also to deliver the herbs and nutrients that are in the product.

**Garcinia Cambogia** is an extract of the dried rind of an Asian fruit. The fruit's active ingredient is hydroxycitrate (HCA), which is known to suppress the appetite and to actually inhibit the manufacturing of new body fat from dietary carbohydrates. Instead of encouraging the production of glycogen, the stored form of carbohydrate fuel can be converted for use by the muscles and by the brain. One benefit of HCA is that it appears to preserve lean tissue while fat loss is occurring. Garcinia cambogia is in this product along with the above mentioned enzymes in order to help control the appetite and assist with cholesterol and triglyceride control without diminishing energy production.

**Chromium Picolinate** and **Chromium Polynicotinate** are known to prevent inappropriate hunger by sensitizing brain glucoreceptors to insulin. The insulin will then promote serotonin. It has been proven that this insulin stimulates protein synthesis and inhibits protein degradation both in skeletal muscle and in other body tissues.

**Plantain** assists the body in weight loss through its appetite-satisfying effect and through the reduced absorption of lipids. Plantain is used for soothing gastrointestinal and urinary tract problems that many people feel while dieting or otherwise adjusting food intake.

**Bladderwrack** is a natural iodine for the thyroid and, when delivered by enzymes, offers a healthy supply of nutrients and oxygen. Bladderwrack is known for its ability to bind acids and bile salts, fortifying and adding stamina to the bladder.

**Nettle** has been used medically for its anti-inflammatory effect, its ability to balance blood sugar, and its diuretic capability.

**Prickly Ash** is known for its support of the glands, repair of tissues, and relief from colic, ulcers, and gastrointestinal distress. Prickly Ash is also known for its ability to fortify the nervous system.

**Fenugreek** has been used as a digestive aid and to fortify liver and pancreas function. It is also high in amino acids, supports the glands, and reduces blood glucose and plasma cholesterol levels in diabetics.